

A TRIP TO THE HOSPITAL



University Hospitals

Center for Healthy Aging

Located at

Bedford Medical Center

440-735-4200

DETOUR
Tree Down!

DETOUR
Car Crash!

HOSPITAL

START

END

AN A-MAZE-ING JOURNEY
Help The Ambulance Find Its Way To The Hospital.

Every Hospital has visiting hours so that your friends and families can stop by to cheer you up.

GET WELL SOON!
WE U

You may want to ask your doctor if there is anything special that you should bring with you.

BATHROBE

BOOKS AND CRAYONS

FAVORITE STORIES

MY BIG BOOK OF PUZZLES AND GAMES

COMB & BRUSH

TOOTH PASTE

TOOTHBRUSH & TOOTH PASTE

SLIPPERS

P.J.'s OR NIGHTGOWNS ALONG WITH SOME T-SHIRTS AND UNDERWEAR

RADIO

SMALL TOYS

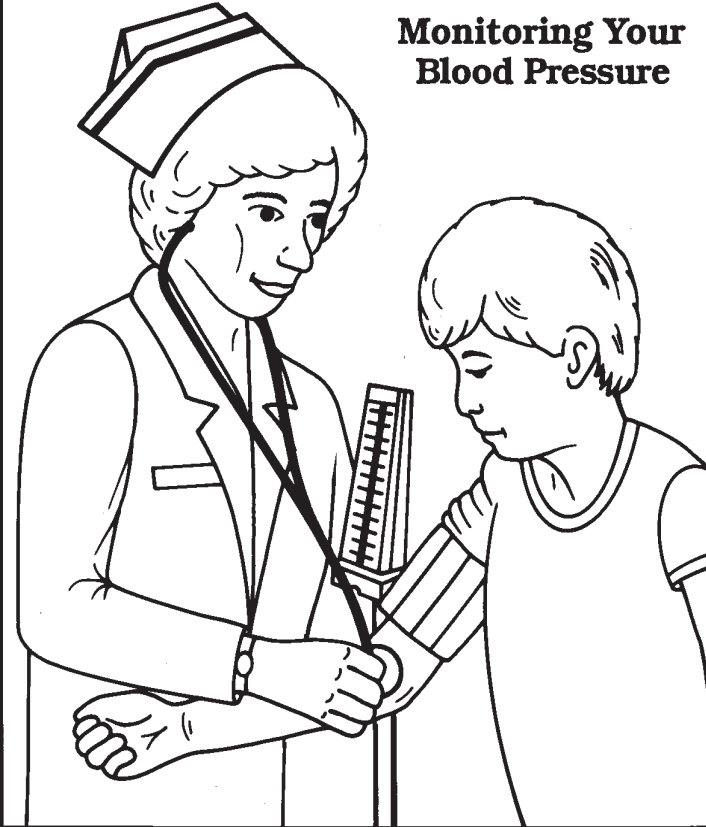
THINGS TO BRING WITH YOU

If you are planning to go into the hospital for tests or an operation, you may want to bring along some things to keep you comfortable and to help you pass the time. Don't worry, hospitals have TV's in every room!

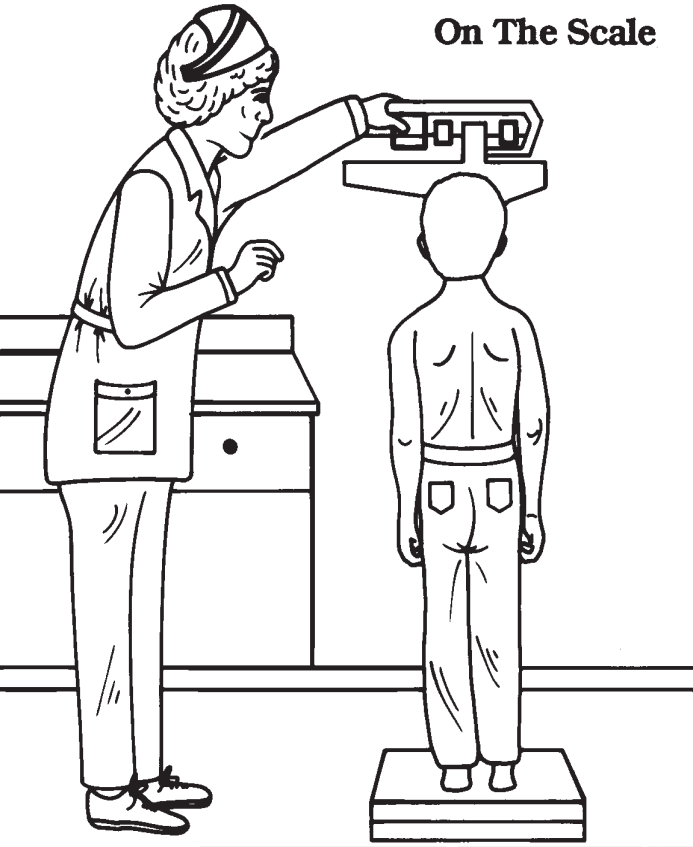
Taking Your Pulse



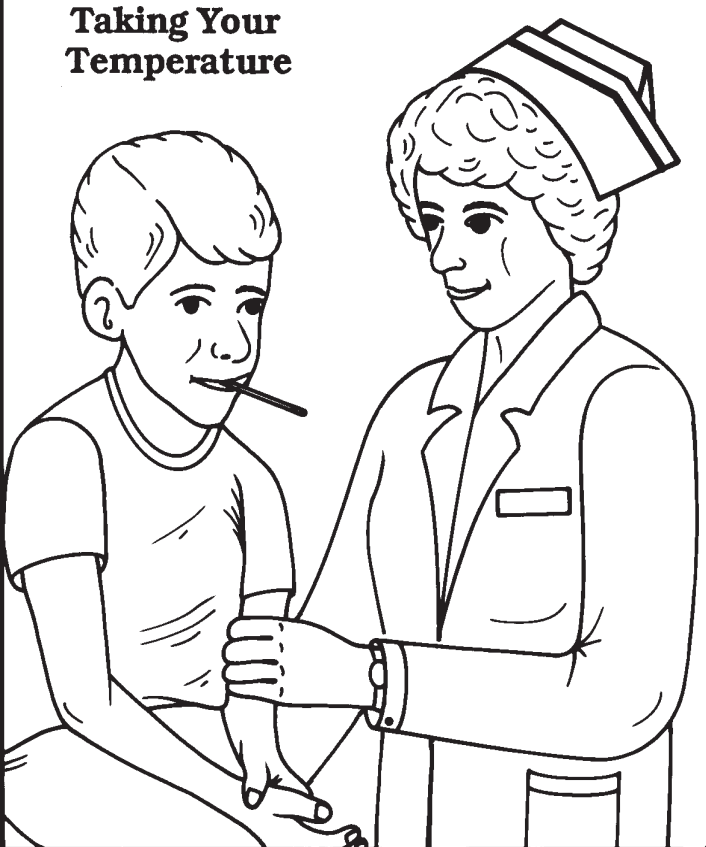
Monitoring Your Blood Pressure



On The Scale



Taking Your Temperature



CHECKING YOUR VITALS

A nurse will check your vital signs carefully to see if there are any problems. The Nurse will monitor your blood pressure, pulse and respiration. Your temperature will also be taken. These tests DO NOT hurt!

The doctor is using an ophthalmoscope to look into the eyes. This can help the doctor learn a lot about your body.



If you come in complaining of a bad cold or the flu, the doctor will look into your throat, check your glands and take your temperature before giving you medication.



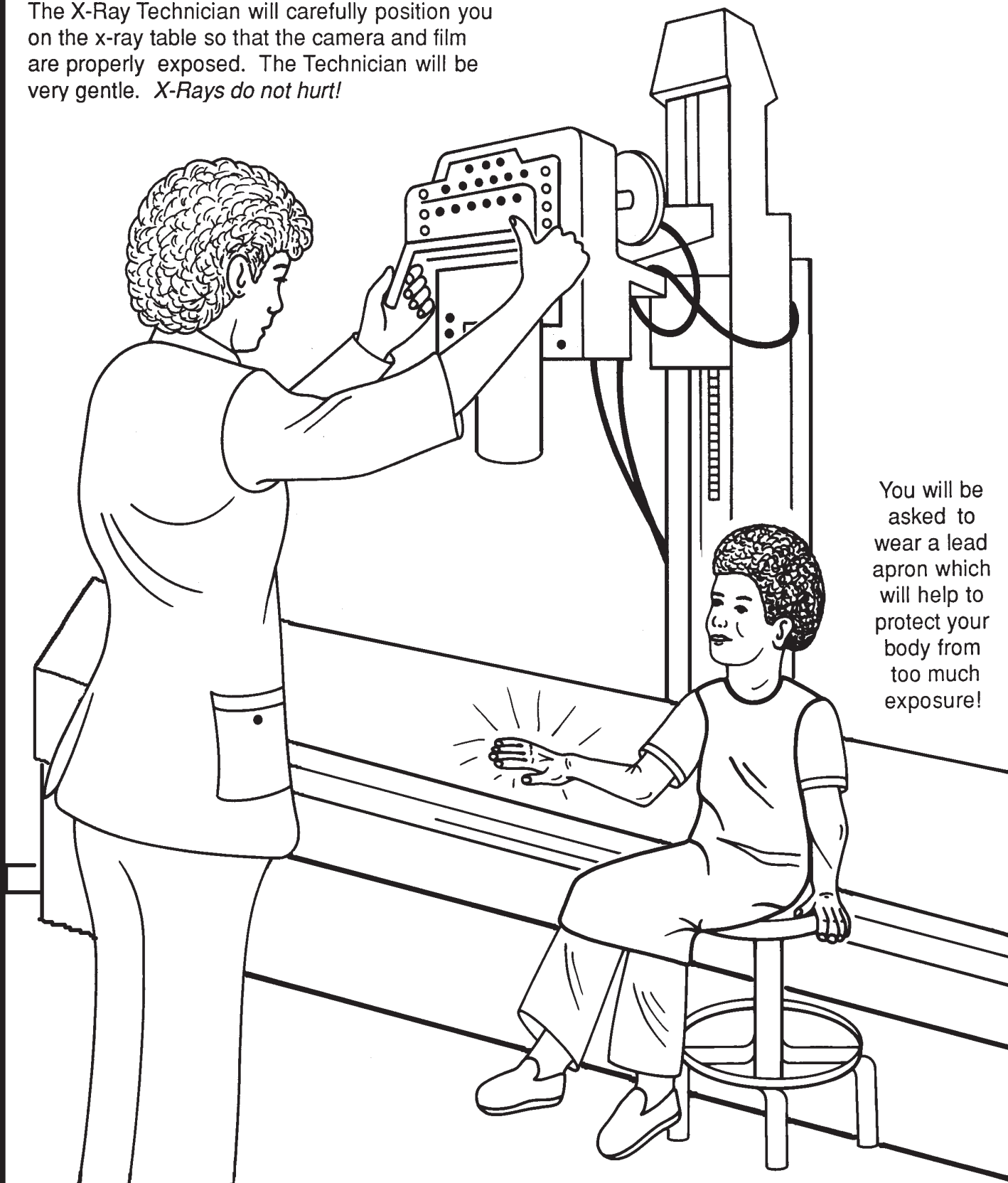
In the emergency room you will be well taken care of by doctors and nurses who will check you over very carefully. Answer all their questions truthfully, so they can give you the best treatment.



THE DOCTOR'S EXAMINATION

There are many reasons why people are taken to the emergency room. Some are very sick and need special medication and care. Others may have had an accident and have cuts, bruises and broken bones.

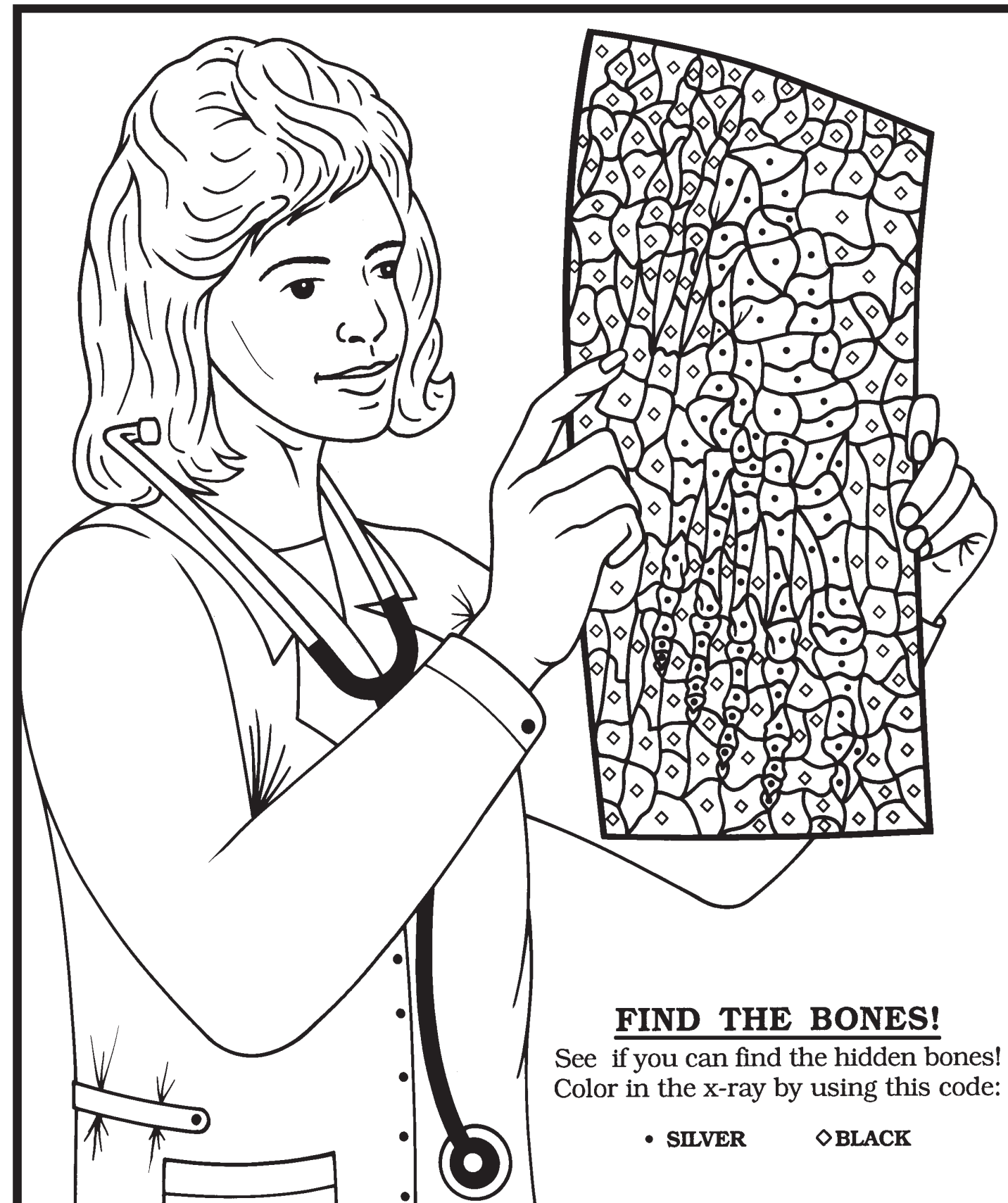
The X-Ray Technician will carefully position you on the x-ray table so that the camera and film are properly exposed. The Technician will be very gentle. *X-Rays do not hurt!*



You will be asked to wear a lead apron which will help to protect your body from too much exposure!

TAKING AN X-RAY

If the doctors think that you have a broken bone, they will send you for an x-ray. An x-ray machine is a camera that allows doctors to take pictures of the bones inside your body!



FIND THE BONES!

See if you can find the hidden bones! Color in the x-ray by using this code:

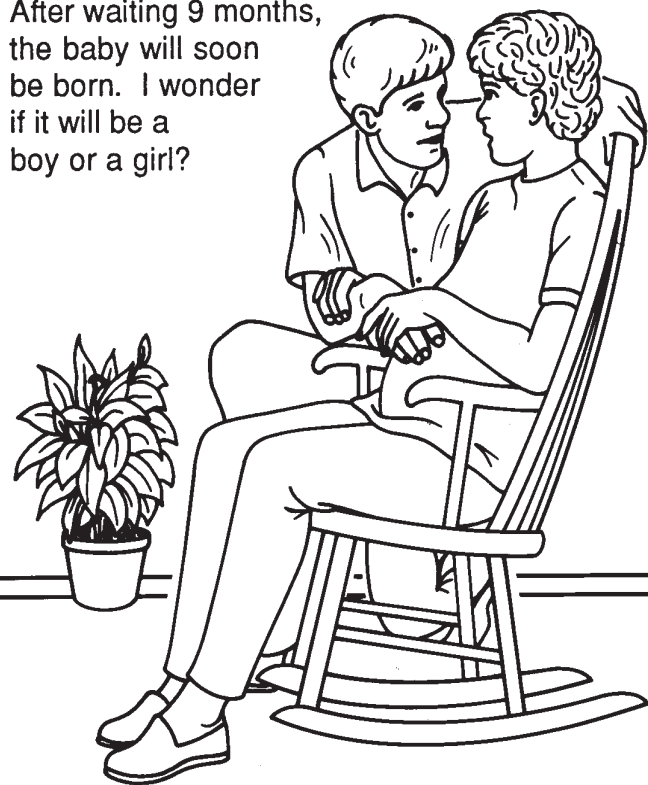
• SILVER ◇ BLACK

READING THE X-RAY

The doctor is looking over this x-ray very carefully. She is looking to see if there are any broken bones. By looking at the x-ray, the doctor will know what bones are broken, and how to set them.

IT'S TIME!

After waiting 9 months, the baby will soon be born. I wonder if it will be a boy or a girl?



New mothers and their babies will stay in the hospital for a short time. Everyone will be able to visit them and see the new baby.



WHAT A SURPRISE!

**TWINS!
A Boy and A Girl!**

Everyone is so excited. They can't wait for them to come home!



A NEW FAMILY

Many people come to the hospital for happy reasons. Women come to the hospital to give birth. It is a very exciting time for everyone in the family. This family is getting ready to go home with their new twin babies!



Eat three well-balanced meals each day. Check with your doctor or school nurse to find out which foods will help to keep your body strong.

JUST SAY NO!



Say NO to drugs! Tell a grown-up if anyone bothers you about drugs!



Exercise is both HEALTHY and FUN!

TREAT YOUR BODY RIGHT!

The key to keeping healthy is to eat right, exercise, and get enough rest. By eating good foods and taking care of your body, you can help prevent disease while keeping fit. NEVER use drugs unless prescribed by a doctor.

You may go forward,
backwards, up, down
and diagonally
GOOD LUCK!

*Puzzle difficulty level
hard for young children.
Fun to do with your
Parents & Friends!

WORD LIST

ADMITTING AMBULANCE
ATTENDANT BANDAGES
CAST DOCTORS EMERGENCY
EMT FATHER FIREFIGHTERS FRIENDS
GET BETTER GET WELL GRANDPARENTS
GURNEY HELP HOPE HOSPITAL (2x)
MEDICINE MOTHER MRI NURSE
NURSE'S AID ORDERLY ORTHOPEDIST
PARAMEDIC PARENTS PATIENT PEOPLE
PEDIATRICIAN PHARMACIST PHYSICIAN
POLICE RESCUE RN STITCHES
SURGEON SURGERY TESTS THERAPISTS
VISITORS VOLUNTEER X-RAY TECHNICIAN

MEMBERS OF THE CAST

The following people are members of your family and your health team. Together, they are here to help keep you healthy! They will also take care of you if you are sick or hurt.

OTOSCOPE
This is used to look in your ears and nose.

REFLEX HAMMER
Used to test your reflexes.

THERMOMETER
This tells the doctor what your temperature is, and if you are running a fever. Your normal temperature is about 98.6.

CRUTCHES
These help people who have injured a foot or leg to walk.

BANDAGES
These help to protect the wound and keep it clean.

GAUZE

STETHOSCOPE
The doctor can listen to the beat of your heart.

B.P. CUFF
Measures your blood pressure.

SCALE
To see how tall you are and how much you weigh.

OXYGEN
When needed, to help you breathe better.

EKG MACHINE
Measures your heartbeat.

WHEELCHAIR
A chair with wheels that is used to move you around in the hospital.

STRETCHER
Used to move sick or injured patients around the hospital.

A DOCTOR'S TOOLS

The doctors and nurses at the hospital may use these tools to find out what's wrong, and how to make you feel better as soon as possible!

